

Thank you for your interest in participating in the ITU Mentoring Program!

This form / questionnaire is intended to help us get to know a bit about you as a potential mentee, and also to help us find a match with an appropriate mentor. Please use the section at the end "Anything else we should know?" if there is anything important that you would like to share with us that has not been covered by the questionnaire.

Before filling this form please read the "Role of the Mentee" and the "Person Specification for the Mentee" below.

#### ROLE OF THE MENTEE

- 1 Complete the mentee 'on-line orientation programme' and formally commit to the programme and to their assigned mentor
- 2 Initiate and prepare for meetings/interventions (normally monthly) with their mentor
- 3 Record their agreed goals, progress and future actions for their personal use
- 4 Take responsibility for their own learning and development through the mentoring relationship
- 5 Conduct a 9-month review to document progress and agree next steps (to continue, to wind down, to amend)
- 6 Complete the ITU Mentoring Programme evaluation process as and when requested by the Continental Mentor Lead or their mentor

#### PERSON SPECIFICATION FOR THE MENTEE

Prospective mentee applicants should:

- have demonstrated the potential to progress to a higher level in their discipline
- be able to evidence their open-mindedness and hunger to develop their coaching/technical officiating/administrative/governance/leadership skills
- be willing to take responsibility for their own learning and development (eg initiating mentoring conversations)
- be willing to commit to 6-8 hours per month of mentoring time

# INCLUSIVITY CRITERIA TO BE CONSIDERED IN APPLICATION & SELECTION PROCESS:

Inclusivity Criteria	Mentor Target	Mentee Target
Discipline (Coach, TO, Governance)	Minimum 25% each	Minimum 25% each
Gender Balance	Minimum 33% Female	Minimum 66% Female
Developing Countries (NF Group 1, 2, 3)	Minimum 33%	Minimum 66%
Disability (or working with Para Athletes)	Minimum10%	Minimum 10%

#### You can find more information about the ITU Mentorship Programme here.



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## ITU MENTORING PROGRAMME MENTEE NOMINATION FORM

GENERIC INFORMATION							
NOMINATING NATIONAL FEDERATION							
National Federation							
NF Representative							
NF E-mail							
The reason(s) why the NF nominates the	mentee nomin	iee?					
MENTEE NOMINEE							
First name							
(as worded on passport)							
Family name							
(as worded on passport)							
Nationality							
E-mail address							
Phone Number							
(with country code)							
Date of Birth							
(dd/mm/yyyy)							
Gender	Male		Female				
Mother tongue							
Your level of English (oral)	Beginner	Intermediate		Advanced			
Your level of English	Paginnar	Intermediate		Advanced			
(written)	Beginner	inter	neulale	Auvanceu			
	Language		Level				
Any other spoken languages & level			1				
Internet Access Do you have daily access to Internet?	YES		NO				
<b>Computer / Laptop Access</b> Do you have daily access to a computer or a laptop?	YES		NO				





## ITU MENTORING PROGRAMME MENTEE NOMINATION FORM

MENTEE NOMINEE PROFILE / EXPERIENCE*								
Current Place of Employment								
Current Job Title								
How many years professional experience do you have?								
Please briefly descr	ibe your experience.							
Discipline of Mentoring	Please mark with "X" in which area(s) you would like to be mentored.	In case more than one (1) area, please give a priority order from 1 to 6.		Please add your ITU registration number you may have as coach/TO/Paratriathlon Classifier				
Coach								
Technical Official								
Governance				n/a				
Disability / Working with paratriathletes								
Please list 3 or 4 key fields of interest as per your preferred disciplines above. If you mark more than one discipline, please do this exercise on each. (Discipline) (Discipline)								
	y been involved as a	YES		NO				
mentee in a mentoring program? TES NO   If YES, please give a brief discerption. If YES If YES								
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### ITU MENTORING PROGRAMME MENTEE NOMINATION FORM

Why do you want to be a mentee?

What do you want to achieve from participating in the mentoring program? (List top 3 things)

What do you consider to be important qualities in a potential mentor?

What are your personal interests and hobbies outside of work?

Anything else you would like to tell us or think would help the matching process? (eg. preference in mentor's location, professional interest, etc.)

*I, the undersigned, Representative of the National Federation and the Candidate, certify, that the information provided above is accurate, true and correct.* 

Signature (& Stamp) of the National Federation

Signature of the Mentee Candidate

Forms to be emailed to: name, email o Closing date for applications: day, month, year

